
Webinar Speaker Biographies



Melinda J Watman, RN, BSN, MSN, CNM, MBA

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Melinda J Watman, RN, BSN, MSN, CNM, MBA has in-depth insight into the constant struggles patients with obesity confront on an ongoing basis – medical, psychological and physical. Her years of clinical work as well as her personal journey with obesity have led to an understanding of the challenges those with obesity are regularly faced with. She is an expert at and dedicated to educating about weight bias and its elimination. She is Chair of the MA Coalition for Action on Obesity and sits on the Board of the Obesity Action Coalition.



Angela Fitch, MD, FACP, FOMA

Associate Director, Massachusetts General Hospital Weight Center and Faculty, Harvard Medical School

Angela Fitch, MD, FACP, FOMA is the Associate Director of the Massachusetts General Hospital Weight Center and faculty at the Harvard Medical School. She is board certified in obesity medicine, internal medicine and pediatrics. A graduate of Iowa State University with a bachelor's degree in chemical engineering, Dr. Fitch worked for Procter and Gamble as a product development engineer before following her passion and attending medical school. She graduated from the University of Cincinnati College of Medicine and then stayed for a combined residency in internal medicine and pediatrics. Dr. Fitch was chief resident in internal medicine before moving to Minnesota to practice primary care at Fairview Health Systems and the University of Minnesota. There she developed her skills and passion for treating obesity in the primary care setting. She began the practice of obesity medicine at the University of Minnesota treating children with obesity. In 2012, Dr. Fitch became the medical director for the Metabolic Health and Weight Management Clinic at Park Nicollet and began practicing obesity medicine full time. Dr. Fitch became a diplomate of the American Board of Obesity Medicine in 2012. Dr. Fitch moved back to Cincinnati to create a multidisciplinary medical surgical weight center. There she was also appointed medical director of the Executive Health Program and Vice President of Primary Care before moving to Boston. She currently is serving as Secretary-Treasurer of the Obesity Medicine Association and previously served as a trustee. She was the 2015-2016 chair of the clinical management section of The Obesity Society. Dr. Fitch is the winner of the 2017 Clinician of the Year Award from the Obesity Medicine Association. Dr. Fitch enjoys seeing patients of all ages to help them reach their weight and wellness goals. She enjoys cooking, traveling and outdoor activities with her husband and son and looks forward to exploring New England.