

# Long Term Services and Supports

Advancing Care for our  
Most Vulnerable Populations

Presented by:



2022 NFWL Healthcare Summit

# Today's Roadmap

- 1 Framing the Issue

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- 2 Facilitated Q&A – Current Gaps and Opportunities

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- 3 Open Q&A

# Framework for Assessing LTSS System Performance

What do we mean by a “High- Performing LTSS System”?

## EXHIBIT 1 Framework for Assessing LTSS System Performance

### HIGH-PERFORMING LTSS SYSTEM

Five dimensions of LTSS performance, constructed from 26 individual indicators.

#### AFFORDABILITY AND ACCESS

1. Nursing Home Cost
2. Home Care Cost
3. Long-Term Care Insurance
4. Low-Income PWD with Medicaid
5. PWD with Medicaid LTSS
6. ADRC/NWD Functions



#### CHOICE OF SETTING AND PROVIDER

1. Medicaid LTSS Balance: Spending
2. Medicaid LTSS Balance: Users
3. Self-Direction
4. Home Health Aide Supply
5. Assisted Living Supply
6. Adult Day Services Supply
7. Subsidized Housing Opportunities



#### QUALITY OF LIFE AND QUALITY OF CARE

1. PWD Rate of Employment
2. Nursing Home Residents with Pressure Sores
3. Nursing Home Antipsychotic Use
4. HCBS Quality Benchmarking



#### SUPPORT FOR FAMILY CAREGIVERS\*

1. Supporting Working Family Caregivers
2. Person- and Family-Centered Care
3. Nurse Delegation and Scope of Practice
4. Transportation Policies



#### EFFECTIVE TRANSITIONS

1. Nursing Home Residents with Low Care Needs
2. Home Health Hospital Admissions
3. Nursing Home Hospital Admissions
4. Burdensome Transitions
5. Successful Discharge to Community



ADRC/NWD - Aging and Disability Resource Center/No Wrong Door  
 HCBS - Home- and Community-Based Services  
 LTSS - Long-Term Services and Supports  
 PWD - People with Disabilities

\*Support for Family Caregivers Dimension evaluated across 12 individual policies, which are grouped into four broad categories.

Source: Long-Term Services and Supports State Scorecard, 2020.

# Challenges and Opportunities: Caregivers

## AMERICA'S FAMILY CAREGIVERS



The number of Americans providing unpaid care has increased over the last five years.\*

43.5 million  
2015



53 million  
2020



18%  
2015



21%  
2020

NEARLY ONE IN FIVE (19%) ARE PROVIDING UNPAID CARE TO AN ADULT WITH HEALTH OR FUNCTIONAL NEEDS.\*\*



39%  
MEN



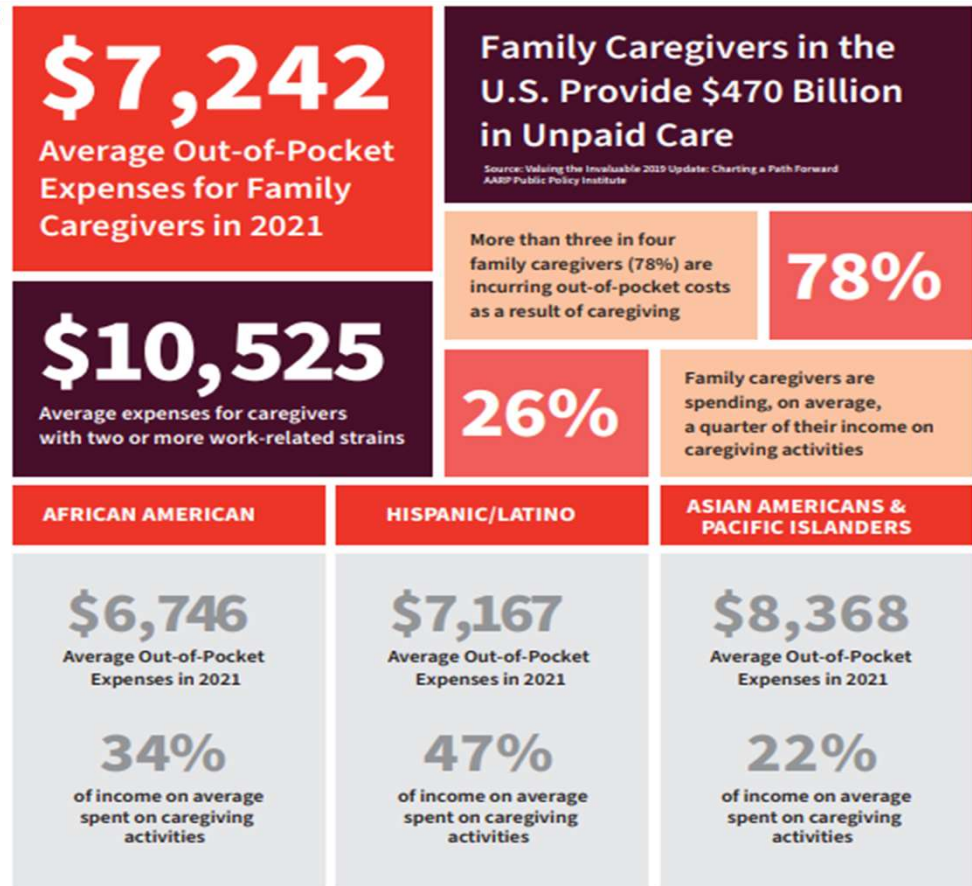
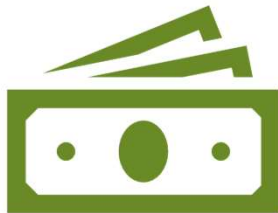
61%  
WOMEN



61%  
WORK

# Challenges and Opportunities: Caregivers

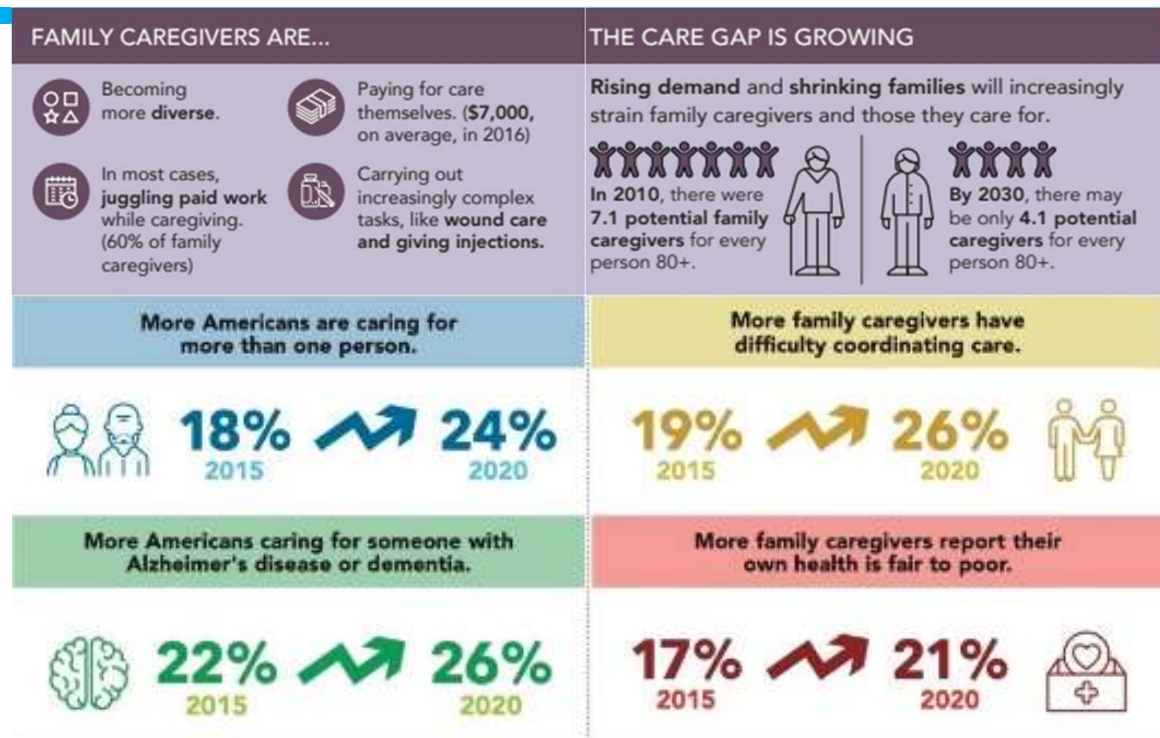
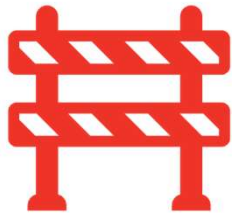
## ECONOMIC & FINANCIAL IMPACTS



Source: 2021 Caregiving Out-of-Pocket Costs Study | DOI: <https://doi.org/10.26419/res.00473.003> | Report: [aarp.org/caregivers](http://aarp.org/caregivers)

# Challenges and Opportunities: Caregivers

## CHALLENGES FOR FAMILY CAREGIVERS



23% OF AMERICANS SAY CAREGIVING HAS MADE THEIR HEALTH WORSE.

**45%**  
HAVE HAD AT LEAST ONE  
FINANCIAL IMPACT

# Resources and Contacts



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